UNIVERSITY OF NOVI SAD FACULTY OF MEDICINE



Study program: Integrated Academic Studies in Medicine

Course title: Health of School-Age Children and Adolescents

Teachers: Gordana M. Vilotijević Dautović, Maja J. Grujičić, Artur L. Bjelica

Course status: elective

ECTS credits: 3
Condition: Paediatrics

Aim of the course

Introducing students to the specifics of the work of doctors and nurses in the implementation of preventive health -promotion activities in school children and adolescents in terms of promoting healthy lifestyles and preventing risky

Training students for permanent mastering of theoretical knowledge and training for health promotion activities in terms of promoting healthy lifestyles and prevention of risky behavior of children and adolescents.

Expected outcome of the course

The student should acquire knowledge about health promotion activities in terms of promoting healthy lifestyles and preventing risky behavior of young people.

The student should be able to independently perform health promotion activities in the sense of promoting healthy lifestyles and prevention of risky behavior among young people.

Course content

Theoretical education

- Healthy lifestyles: proper nutrition, stimulating physical activity, proper dental hygiene and caries prevention, prevention of exposure to sunlight.
- Active sporting and prevention of health risks in adolescents and athletes
- Prevention of risky behavior of young people such as: smoking, alcohol consumption, steroids consumption, consumption of illegal psychoactive substances, and addiction internet, mobile phones and gambling.
- Prevention of sexually transmitted diseases (STD / HIV) and unwanted pregnancies
- Prevention of violence against children and protection against all forms of domestic violence, institutions and the social environment.

Practical education

Practical work within the framework of promotional activities in the preventive center of the Health center "Novi Sad"

Literature

Compulsory

1. Mary Rudolf, Malcolm Levene. Paediatrics and Child Health, 2nd Edition, Wiley-Blackwell, 2010.

Additional

 Kliegman, Robert; Nelson, Waldo E (Waldo Emerson). 1898-1997 Textbook of paediatrics.19th ed. /Philadelphia, PA: Elsevier/Saunders, c2011.

Number of active classes Theoretical teaching: 15 Practical teaching: 30

Teaching methods

Theoretical lectures, video presentations, practical lessons and workshops. Independent, practical work in the presence of mentors in teaching basics.

Student activity assessment (maximally 100 points)			
Pre-exam activities	points	Final exam	points
Lectures	10	Written	50
Practices	20	Oral	
Colloquium			
Essay	20		